FLORIDA YOUTH SURVEY 2005

Florida Youth Tobacco Survey (FYTS) 2005 Questionnaire

This survey is about you and what you do that may affect your health. The information you give us will be used to develop better education programs for people like you.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Remember, this is not a test. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out who you are. No names will ever be reported.

Make sure to read every question. Fill in the circles in the survey booklet completely. When you are finished, follow the instructions of the person giving you the survey.

Thank You Very Much For Your Help.

DIRECTIONS

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: ABC





Incorrect Marks



• To change your answer, erase completely.

THE FIRST QUESTIONS ASK FOR SOME INFORMATION ABOUT YOURSELF.

1. How old are you?

- a 9 years old
- (b) 10 years old
- © 11 years old
- d 12 years old
- 13 years old
- (f) 14 years old
- (9) 15 years old
- h 16 years old
- (i) 17 years old
- (i) 18 years old
- 19 years old (L) 20 years old
- @ 21 years old
- 2. What is your sex?
 - Female
 - (b.) Male
- 3. What grade are you in?
 - (a.) 6th
 - 6. 7th
 - © 8th
 - (d.) 9th
 - (e.) 10th
 - (f.) 11th
 - (9) 12th
 - Ungraded or other grade
- 4. How do you describe yourself? (YOU CAN CHOOSE ONE ANSWER, OR MORE THAN ONE)
 - a American Indian or Alaska Native
 - (b.) Asian
 - Black or African American
 - d. Hispanic or Latino
 - Native Hawaiian or Other Pacific Islander
 - (f.) White

- 5. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activity?
 - a 0 days
 - 6. 1 or 2 days
 - © 3 or 4 days
 - d 5 or 6 days
 - 7 days
- 6. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?
 - a 0 days
 - 6. 1 or 2 days
 - © 3 or 4 days
 - d 5 or 6 days
 - 7 days
- 7. What is the highest education your mother has completed?
 - Some high school
 - A high school diploma or GED
 - © Some education after high school
 - d. Don't know

THE NEXT QUESTIONS ASK ABOUT TOBACCO USE.

Cigarette Smoking

- 8. Have you ever tried cigarette smoking, even one or two puffs?
 - (a.) Yes
 - (b.) No

9. How old were you when you smoked a cigarette for the first time?	14. During the past 30 days, how did you usually get your cigarettes? (CHOOSE ONLY <u>ONE</u> ANSWER)
 a I have never smoked a cigarette b 8 years old or younger 9 years old 10 years old 11 years old 12 years old 13 years old 14 years old 15 years old 16 years old 17 years old or older 	 a. I did not smoke cigarettes during the past 30 days b. I bought them in a store such as a convenience store, supermarket, or gas station c. I bought them from a vending machine d. I gave someone else money to buy them for me e. I borrowed (or bummed) them from someone else f. I stole them from a store g. I stole them from someone I know h. I got them from my parents i. A person 18 years old or older gave them to me j. I bought them from another person (not in a store) k. I got them some other way
10. About how many cigarettes have you smoked in your entire life?	
 a. None b. 1 or 2 puffs, but not a whole cigarette c. One cigarette d. 2 to 5 e. 6 to 15 f. 16 to 25 g. 26 to 99 h. 100 or more cigarettes 	 15. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age? a I did not try to buy cigarettes in a store during the past 30 days b Yes, I was asked to show proof of age No, I was not asked to show proof of age
11. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days? (a) Yes (b) No	16. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age? I did not try to buy cigarettes in a store during the past 30 days Yes, someone refused to sell me cigarettes because of my age
12. During the past 30 days, on how many days did you smoke cigarettes?	No, my age did not keep me from buying cigarettes
 a. 0 days b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 19 days f. 20 to 29 days g. All 30 days 	 17. When you bought or tried to buy cigarettes during the past 30 days, did you use or try to use a fake ID? a I did not try to buy cigarettes during the past 30 days b Yes No
13. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?	18. During the past 30 days, on how many days did you smoke cigarettes on school property?
 a) 0 cigarettes b) Less than 1 cigarette per day c) 1 cigarette per day d) 2 to 5 cigarettes per day 	(a) 0 days (b) 1 or 2 days (c) 3 to 5 days

d 6 to 9 days

6 10 to 19 days

f. 20 to 29 daysg. All 30 days

6 to 10 cigarettes per day

① 11 to 20 cigarettes per day

More than 20 cigarettes per day

19. When was the last time you smoked a cigarette, even one or two puffs?

- a I have never smoked even one or two puffs
- **b.** Earlier today
- © Not today, but sometime during the past 7 days
- Mot during the past 7 days but sometime during the past 30 days
- Not during the past 30 days but sometime during the past year
- ① More than 1 year ago, but less than 2 years ago
- 9 2 or more years ago

20. During the past 12 months, did you ever try to quit smoking cigarettes?

- a I did not smoke cigarettes during the past 12 months
- (b.) Yes
- © No

21. Do you want to completely stop smoking cigarettes?

- (a) I do not smoke now
- (b.) Yes
- © No

22. How many times, if any, have you tried to quit smoking?

- (a) I have never smoked cigarettes
- **b.** None
- © 1 time
- d. 2 times
- 3 to 5 times
- 6 to 9 times
- 9 10 or more times

23. When you last tried to quit, how long did you stay off cigarettes?

- a. I have never smoked cigarettes
- **b.** I smoke but have never tried to quit
- © Less than 1 day
- d 1 to 7 days
- More than 7 days but less than 30 days
- More than 30 days but less than 6 months
- More than 6 months but less than 1 year
- h More than 1 year

24. How long can you go without smoking before you feel like you need a cigarette?

- a. I do not smoke cigarettes
- **b** Less than one hour
- © 1 to 3 hours
- d More than 3 hours but less than a whole day
- A whole day
- Several days
- A week or more

25. How soon after you wake up do you usually smoke your first cigarette? On a weekday (Monday to Friday)?

- a. I don't smoke now
- **b** Less than 15 minutes
- © 15 to 30 minutes
- d More than 30 but less than 60 minutes
- 1 to 2 hours
- (f) More than 2 hours but less than half a day
- More than half a day
- h I don't smoke during the weekdays

26. How soon after you wake up do you usually smoke your first cigarette? During the weekend?

- a I don't smoke now
- **b** Less than 15 minutes
- © 15 to 30 minutes
- More than 30 but less than 60 minutes
- 1 to 2 hours
- (f) More than 2 hours but less than half a day
- More than half a day
- T don't smoke during the weekends

27. How true is this statement for you? When I go without a smoke for a few hours, I experience craving.

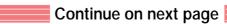
- I don't smoke now
- Not at all true
- 6 Not very true
- d Fairly true
- Very true

28. <u>How true is this statement for you</u>? I sometimes have strong cravings where it feels like I'm in the grip of a force that I can't control.

- a I don't smoke now
- 6. Not at all true
- Not very true
- Fairly true
- Very true

29. In the past 12 months, did you do any of the following to help you stop smoking? (SELECT ALL YOU HAVE TRIED)

- (a) I did not smoke in the past 12 months
- b Attended a program in my school
- © Attended a program in the community
- d. Called a help line or a guit line
- Used nicotine gum or nicotine patch
- (f) Used any medications to help you stop





30. Are you seriously thinking about quitting smoking? Would you say	35. During the past 30 days, how did you usually get your chewing tobacco, snuff, or dip? (CHOOSE ONLY <u>ONE</u> ANSWER)
 (a) Yes, within the next 6 months (d) Yes, but not within the next 6 months (e) No, I am not thinking of quitting smoking totally and for good (f) Not sure 	 a I did not use chewing tobacco, snuff, or dip during the past 30 days b I bought it in a store such as a convenience store, supermarket, or gas station c I bought it from a vending machine d I gave someone else money to buy it for me e I borrowed (or bummed) it from someone else f I stole it from a store
Smokeless Tobacco: Chewing	I stole it from someone I knowI got it from my parents
Tobacco, Snuff, or Dip	A person 18 years old or older gave it to me
31. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?	 I bought it from another person (not in a store) I got it some other way When you bought or tried to buy chewing tobacco, snuff, or dip in a store during the
a. Yesb. No	past 30 days, were you ever asked to show proof of age? a I did not try to buy chewing tobacco, snuff, or dip
32. How old were you when you used chewing tobacco, snuff, or dip for the first time?	in a store during the past 30 days Yes, I was asked to show proof of age No, I was not asked to show proof of age
 a I have never used chewing tobacco, snuff, or dip b 8 years old or younger c 9 years old d 10 years old e 11 years old 	37. During the past 30 days, did anyone refuse to sell you chewing tobacco, snuff, or dip because of your age?
 f. 12 years old g. 13 years old h. 14 years old i. 15 years old i. 16 years old k. 17 years old or older 	 a I did not try to buy chewing tobacco, snuff, or dip in a store during the past 30 days b Yes, someone refused to sell me chewing tobacco, snuff, or dip because of my age c No, my age did not keep me from buying chewing tobacco, snuff, or dip
33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?	Cigars
 a. 0 days b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 19 days 	 38. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs? a Yes b No
① 20 to 29 days ② All 30 days	39. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?
34. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property? a 0 days b 1 or 2 days c 3 to 5 days	 a) I have never smoked a cigar, cigarillo, or little cigar b) 8 years old or younger c) 9 years old d) 10 years old e) 11 years old f) 12 years old g) 13 years old
 d. 6 to 9 days page f. 20 to 29 days All 30 days 	 h. 14 years old i. 15 years old j. 16 years old k. 17 years old or older

- 40. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?
 - a 0 days
 - 6. 1 or 2 days
 - © 3 to 5 days
 - d 6 to 9 days
 - 10 to 19 days
 - 6 20 to 29 days
 - All 30 days
- 41. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars on school property?
 - a 0 days
 - **b.** 1 or 2 days
 - © 3 to 5 days
 - d. 6 to 9 days
 - 10 to 19 days
 - 6 20 to 29 days
 - 4 All 30 days
- 42. During the past 30 days, how did you usually get your cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)
 - I did not smoke a cigar, cigarillo, or little cigar during the past 30 days
 - I bought them in a store such as a convenience store, supermarket, or gas station
 - © I bought them from a vending machine
 - d I gave someone else money to buy them for me
 - 6 I borrowed (or bummed) them from someone else
 - (f) I stole them from a store
 - I stole them from someone I know
 - I got them from my parents
 - (i) A person 18 years old or older gave them to me
 - (I) I bought them from another person (not in a store)
 - (k) I got them some other way
- 43. When you bought or tried to buy cigars, cigarillos, or little cigars in a store during the past 30 days, were you ever asked to show proof of age?
 - (a) I did not try to buy cigars, cigarillos, or little cigars in a store during the past 30 days
 - b. Yes, I was asked to show proof of age
 - © No, I was not asked to show proof of age

- 44. During the past 30 days, did anyone refuse to sell you cigars, cigarillos, or little cigars because of your age?
 - I did not try to buy cigars, cigarillos, or little cigars in a store during the past 30 days
 - Yes, someone refused to sell me cigars, cigarillos, or little cigars because of my age
 - No, my age did not keep me from buying cigars, cigarillos, or little cigars

THE NEXT QUESTIONS ARE ABOUT BIDIS (OR "BEEDIES") WHICH ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD.

- 45. Have you ever tried smoking bidis, even one or two puffs?
 - (a.) Yes
 - 6. No
- 46. During the past 30 days, on how many days did you smoke bidis?
 - a 0 days
 - 1 or 2 days
 - © 3 to 5 days
 - d 6 to 9 days
 - 10 to 19 days
 - £ 20 to 29 daysAll 30 days

THE NEXT QUESTION IS ABOUT KRETEKS (ALSO CALLED "CLOVE CIGARETTES") WHICH ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT.

- 47. Have you ever tried smoking kreteks, even one or two puffs?
 - (a.) Yes
 - b. No
- 48. During the past 30 days, on how many days did you smoke kreteks?
 - a 0 days
 - **b.** 1 or 2 days
 - © 3 to 5 days
 - d 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

THE NEXT QUESTIONS ASK ABOUT

	TOBACCO USE PREVENTION EDUCATION.	example, through skits or role playing)?
	 49. During this school year, were you taught in any of your classes about tobacco use? a Yes No Not sure 	a. Yesb. Noc. Not sure
	 50. During this school year, were you taught in any of your classes about the reasons why some people of your age smoke cigarettes? a Yes No No Not sure 	 55. During this school year, were you taught in any of your classes about the effects of smoking? (For example, it makes your teeth yellow, causes wrinkles, or makes you smell bad?) a Yes No No Not sure
	51. During this school year, were you taught in any of your classes about the strategies tobacco companies use to attract teenagers to their products? (a) Yes (b) No (c) Not sure	56. During this year, were any of the lessons or activities you had on tobacco use prevention led by other students? a Yes No No Not sure
	 52. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes? a Yes b No c Not sure 	 57. During this school year, has what you learned in school helped you feel it is okay to say "no" to friends who offer you cigarettes? a I was not taught about smoking cigarettes in school b Yes No
	 53. During this school year, did you learn in any of your classes about different kinds of pressure to smoke? (For example, pressure from media or friends.) a Yes b No c Not sure 	 58. Does your school have any special groups or classes for students who want to quit using tobacco? a Yes No Not sure
-	page	

54. During this school year, did you practice in any

59. What are the policies at your school for students who are caught smoking on campus?	64. Do you think people can get addicted to cigarette smoking just like they can get addicted to cocaine or heroin?
 a. Detention b. Suspension c. Expulsion d. There are no policies at my school e. Not sure about school policies on smoking 	 a. Definitely yes b. Probably yes c. Probably not d. Definitely not
	65. Do you think young people who smoke cigarettes have more friends?
	 a Definitely yes b Probably yes c Probably not d Definitely not
	66. Do you think smokers have shorter lives than non-smokers?
THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.	 a Definitely yes b Probably yes c Probably not d Definitely not
60. Do you think that you will try a cigarette soon? a I have already tried smoking cigarettes b Yes c No	67. Do you think smoking cigarettes makes young people look cool or fit in? a Definitely yes Probably yes Probably not Definitely not
61. Do you think you will smoke a cigarette at anytime during the next year?	68. Do you think smoking cigarettes helps people feel more comfortable at parties and in other social situations?
a. Definitely yesb. Probably yesc. Probably notd. Definitely not	a Definitely yesb Probably yesc Probably notd Definitely not
62. Do you think you will be smoking cigarettes 5 years from now?	69. Do you think you would be able to quit smoking cigarettes if you wanted to?
a Definitely yesb Probably yesc Probably not	a. Yes b. No
d Definitely not	70. Has a doctor or someone in a doctor's office talked to you about the danger of tobacco use, in the past 12 months?

63. If one of your best friends offered you a cigarette,

would you smoke it?

a Definitely yes

b. Probably yesc. Probably notd. Definitely not

a. I have not visited a doctor's office in the past

12 months

b. Yesc. No

71. Has a dentist or someone in a dentist's office 77. During the past 30 days, about how often have talked to you about the danger of tobacco use, you seen anti-smoking messages on billboards in the past 12 months? or outdoor signs? a I have not visited a dentist's office in the past a 0 days 12 months **b.** 1 or 2 days b. Yes © 3 to 5 days © No d 6 to 9 days • 10 to 19 days (f) 20 to 29 days THE NEXT QUESTIONS ASK ABOUT 4 All 30 days EVENTS YOU MAY HAVE ATTENDED OR 78. Are you a member of S.W.A.T. (Students Working WHAT YOU HAVE SEEN ON TV. Against Tobacco)? (a.) Yes 72. During the past 12 months, have you participated 6. No in any community events to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars? (a) Yes (b.) No SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, 73. During the past 12 months, have you participated HATS, JACKETS, AND SUNGLASSES THAT in any school sponsored events to discourage PEOPLE CAN BUY OR RECEIVE FREE. people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars? 79. During the past 12 months, did you buy or receive (a.) Yes anything that has a tobacco company name or (b.) No picture on it? Yes 74. During the past 12 months, have you participated (b.) No in any events not sponsored by your school to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars? 80. Would you ever use or wear something that has a tobacco company name or picture on it such as a (a.) Yes lighter, t-shirt, hat, or sunglasses? (b.) No Definitely yes Probably yes 75. During the past 30 days, about how often have © Probably not you seen anti-smoking commercials on TV, or d Definitely not heard them on the radio? a 0 days b 1 or 2 days © 3 to 5 days d 6 to 9 days THE NEXT QUESTIONS ASK ABOUT YOUR • 10 to 19 days EXPOSURE TO TOBACCO USE. 6 20 to 29 days 4 All 30 days 81. During the past 7 days, on how many days were 76. Were any of the anti-smoking commercials that you in the same room with someone who was smoking cigarettes? you have seen in the past 30 days sponsored by a tobacco company? a 0 days (a.) Yes **b.** 1 or 2 days (b.) No © 3 or 4 days d 5 or 6 days

• 7 days

			_
82.	During the past 7 days, on how many days did you ride in a car with someone who was	88.	Besides yourself, does anyone who lives in your home use chewing tobacco, snuff, or dip now?
	smoking cigarettes?		a. Yes
	a 0 days		<u>6</u> . No ■
	b 1 or 2 days		
	© 3 or 4 days		
		89.	Which statement best describes you?
	d 5 or 6 days		
	7 days		a. I do not smoke
			(b) I smoke and my parents don't know about it
			© I smoke and my parents don't like it
83.	During the past 7 days, when you were around		d I smoke and my parents don't mind
	someone who was smoking indoors, were you		1 smoke and my parents don't mind
	usually:		-
		90.	Have your parents ever offered you a cigarette?
	I was not around anyone smoking during	70.	Thave your parents ever offered you'd digurette.
	the past 7 days		a. Yes
	b. At home		ⓑ No ■
	© At school		-
			<u> </u>
	d. At work	91.	Is smoking allowed inside your home?
	6. In a restaurant		
	(f) In another public place like a mall		a. Yes
	At someone else's house		<u>▶</u> No
	h In your parent's car		_
	i) In someone else's car		
		92.	How many of your four closest friends smoke
	At some other place		cigarettes?
Q/I	During the past 7 days, when you were around	11	a. None
04.		-\\	6. One \\
	someone who was smoking indoors, who was	\\	(c) Two
	smoking?	\	d Three
	I was not around anyone smoking during	. \	Four
))	
	the past 7 days		f Not sure
	6 One or both of my parents		
	© Another relative	02	Have you over asked any of your four elecast
	d. One or more of my friends	73.	Have you ever asked any of your four closest
	Someone I work with		friends to quit smoking?
	f. Someone I don't know		None of my four closest friends ever smoked
	Someone radii t know		
			► Yes
85.	Do you think the smoke from other people's		© No
٠٠.	cigarettes is harmful to you?		
	cigarettes is narmiul to you:	0.4	
	a. Definitely yes	94.	How many of your four closest friends use
	b. Probably yes		chewing tobacco, snuff, or dip?
			None
	© Probably not		a. None
	d Definitely not		(b) One
			© Two
0.	Decides vermealf dear annual and a three trans		d Three
ŏō.	Besides yourself, does anyone who lives in your		Four
	home smoke cigarettes now?		f. Not sure
	a. Yes		- 1151 3010
	I		_
	6 No	95 .	How many of your four closest friends smoke
		٠.	cigars, cigarillos, or little cigars?
07	In the past 12 months, have you saked any of		organs, organico, or nitro organs:
0/.	In the past 12 months, have you asked any of		a None
	the people who live in your home who smoke,		b. One
	to quit smoking?		© Two
	No one in my home enabled in the west 42 west!		- I
	a. No one in my home smoked in the past 12 months		d Three
	(b) Yes		€ Four ■
	© No		Not sure ■
			page
			page _
			9 -

96.	What is the youngest age a person can legally buy cigarettes in Florida? a Less than 16 years old b 16 years old	101. How much do you weigh without your shoes on (Write your weight in the blank boxes. Fill in the matching circle below each written number.)			
	© 18 years old		Example		
	d 21 years old Not sure		Weight	Weight	
97.	Have you or anyone you know gotten a ticket, paid a fine, or had to go to court for using or possessing tobacco? (YOU CAN CHOOSE ONE ANSWER, OR MORE THAN ONE)		1 5 2 0 0 0 0 1 1 2 2 0 3 3 3	000 1111 222 333	
	a. Yes, I haveb. Yes, someone I know hasc. No		(4) (4) (5) (6) (6) (7) (7)	(4) (4) (5) (5) (6) (6) (7) (7)	
98.	According to Florida law, can your driver's license be suspended if you are under 18 and caught with tobacco?		8899	8 8 9 9	
	a. Yesb. Noc. Not sure	102	. Which of the about your w	following are you tryin eight?	g to do
99.	Does Florida have a law that punishes anyone under age 18 who has cigarettes or any other tobacco product in their possession? (a) Yes		Lose weightGain weightStay the sarI am not try	t	my weight
	No Not sure				

100. How tall are you without your shoes on? (Write your height in the blank boxes. Fill in the matching circle below each written number.)

Exar	np	le		
Height		He	ight	
5	7	,,		1 1
0 1 2 3 4 6 7	0 1 2 3 4 5 6 8 9 10 11		(a) (b) (c) (c) (c) (c) (c) (c) (c) (c) (c) (c	(1) (1) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4

THANK YOU FOR
PARTICIPATING
IN THIS SURVEY.

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